

The most recent event always appears here at the top (page 1). For previous events (all stacked in date order), please scroll down the pages.

Select only this page for printing by clicking: [3.80 Mile 31-08-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	31-08-10	Course:	Llanfairpwll 3.80 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness	✓	0:09		08	25	27.089
(ECC)	Garry Ellis	✓	0:02		09	02	25.239
1	Dave Gleave	✓	0:35		09	07	25.009
2	Barry Williams				09	13	24.737
(ECC)	Meirion Davies				09	15	24.648
3	Gerallt Roberts	✓	1:18		09	17	24.560
4	Keith Evans	✓	0:19		09	24	24.255
5	Dave Hughes				09	33	23.874
6	Iwan Evans	✓	0:19		09	37	23.708
7	Howyn Roberts	✓	0:32		09	45	23.384
(ECC)	Wayne Owen				09	57	22.914
8	Tim Whitton				10	01	22.762
(ECC)	Owain James	✓	0:05		10	02	22.724
?	Matthew Roberts				10	09	22.463
9	Huw Parry				10	12	22.352
10	Gareth Hind				10	14	22.280
11	Bridget Ripley				10	26	21.853
(Unattached)	Kevin Owen				10	30	21.714
12	Alwyn Parry	✓	0:05		10	48	21.111
13	Mike Jamison				10	52	20.981
14	Dave Parry	✓	0:44		10	55	20.885
15	Dave Lee	✓	1:00		11	05	20.571
(ECC)	John B. Williams				11	18	20.176
16	Gethyn Hughes	✓	0:02		11	20	20.117
17	Mike Dilworth				11	36	19.655
18	Paul Sayers				11	44	19.431
19	Charlotte Parry				12	11	18.714
20	David Riley				12	15	18.612
21	Jason Cordingley	✓	0:22				
22	Barbara Williams						
23	Sioned Parry	✓	0:13				

Fifteen more PBs! One or two of the PBs above are improvements over those of many years ago, i.e. further back than those found in our website archives. To see the full PB list for this course, please click: [HERE](#)

This was the last of our weekly TTs for 2010. Results of the Hill Climbs will appear separately.

Photos of this event, taken by Gwynfor James, can be seen by clicking [Photos](#)

Select only this page for printing by clicking: [Brynsiencyn 7.85 Mile 24-08-10](#)

CRM 2010 TIME TRIAL RESULTS							
<i>Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.</i>							
Date:	24-08-10	Course:	Brynsiencyn 7.85 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness				17	43	26.585
(ECC)	Garry Ellis	✓	0:51		18	31	25.436
1	Arthur Connell	✓	0:17		18	51	24.986
2	Barry Williams	✓	0:14		19	23	24.299
(ECC)	Dewi Jones				19	42	23.908
3	Dave Hughes				19	45	23.848
4	Keith Evans				20	10	23.355
5	Iwan Evans				20	35	22.882
(ECC)	Owain James	✓	1:05		20	56	22.500
6	Huw Parry				21	19	22.095
(HCC)	Aled Williams				21	24	22.009
7	Mike Jamison	✓	0:38		21	34	21.839
(ECC)	Jasmine Sharp				21	50	21.572
9	Dave Lee	✓	0:10		22	33	20.886
8	Alwyn Parry				22	34	20.871
10	Dave Smith				22	39	20.794
11	Paul Sayers				23	19	20.200
(ECC)	Rhys James	✓	0:25		23	37	19.943
12	Charlotte Parry	✓	0:52		23	40	19.901
13	Jason Cordingley				24	30	19.224
14	Sioned Parry	✓	0:23		25	15	18.653
15	Barbara Williams				25	20	18.592

Eight more PBs! To see the full PB list for this course, please click: [HERE](#)

Please note that next week's event is the Llanfairpwll 4 miler, and that it is the last of our Tuesday evening events for this season - but the hill climbs are yet to come! Straight after the event (in the usual tradition!), we intend to head for the Penrhos Arms in LlanfairPG to round the evening off, and mark the end of another season! *Everyone is welcome!*

Select only this page for printing by clicking: [Llanfairpwll 10 Mile 17-08-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	17-08-10	Course:	Llanfair PG 10 Mile		- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)	
(ECC)	Garry Ellis				23	53	25.122	
1	Arthur Connell	✓	0:45		24	28	24.523	
(ECC)	Meirion Davies				24	44	24.258	
2	Dave Gleave	✓	1:30		24	49	24.177	
3	Iwan Morton				25	05	23.920	
4	Barry Williams				25	13	23.793	
(ECC)	Dewi Jones	✓	0:01		25	27	23.575	
5	Gerallt Roberts				25	29	23.544	
6	Dave Hughes				26	18	22.813	
(ECC)	John Williams				26	37	22.542	
7	Dafydd Williams				27	06	22.140	
8	Howyn Roberts				27	10	22.085	
(ECC)	Dave Thomas				27	23	21.911	
(ECC)	Owain James				27	33	21.778	
9	Huw Parry				27	40	21.686	
10	Bridget Ripley	✓	0:34		27	54	21.505	
11	Mark Hobson				27	57	21.466	
(ECC)	Jasmine Sharp				28	35	20.991	
12	Dave Parry	✓	2:44		29	15	20.512	
13	Dave Lee	✓	0:32		29	45	20.168	
14	Alwyn Parry				30	09	19.900	
15	Paul Sayers				31	10	19.251	
(ECC)	Rhys James	✓	0:30		31	12	19.230	
16	David Riley				31	34	19.007	
17	Charlotte Parry				32	06	18.691	
18	Sioned Parry				33	16	18.036	
19	Barbara Williams				33	19	18.009	
-	Jason Cordingley*				- DNF -		-	
(ECC)	Derek Sayer**				- DNF -		-	

Seven more PBs! For a full PB list for this course, please click: [HERE](#).

*Jason Cordingley could not finish due to a puncture.

**Derek Sayer went 'one better' and crashed, fracturing his collar bone on exiting the roundabout just outside Gaerwen!! Derek said later that he felt confident that he was on his way to a PB too! We all wish him a speedy recovery.

Select only this page for printing by clicking: [7.85 Mile 10-08-10](#)

CRM 2010 TIME TRIAL RESULTS							
<i>Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.</i>							
Date:	10-08-10	Course:	Brynsiencyn 7.85 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness				17	45	26.535
(ECC)	Meirion Davies				18	56	24.876
1	Arthur Connell				19	10	24.573
(ECC)	Elton Angle-Smith	✓	0:22		19	17	24.425
(ECC)	James Tottle						
(ECC)	Dewi Jones				19	20	24.362
2	Iwan Morton				19	22	24.320
3	Chris Green				19	32	24.112
4	Barry Williams	✓	0:04		19	37	24.010
5	Rob Mansell				19	46	23.827
6	Keith Evans				19	49	23.767
7	Gerallt Roberts	✓	0:05		20	06	23.432
(ECC)	Derek Sayer	✓	0:07		20	15	23.259
8	Howyn Roberts				20	20	23.163
9	Iwan Evans	✓	0:25		20	21	23.144
(ECC)	John Williams				20	29	22.994
10	Gareth Hind				20	36	22.864
(ECC)	Nestor Guasch				20	47	22.662
11	Dave Hughes				20	50	22.608
12	Mark Hobson				20	55	22.517
(ECC)	Dave Thomas				20	57	22.482
13	Huw Parry				21	24	22.009
(ECC)	Jasmine Sharp				21	32	21.873
14	Bridget Ripley				21	56	21.474
15	Mike Dilworth				22	20	21.089
(Unattached)	Dave Smith	✓	0:52		22	26	20.995
16	Alwyn Parry				22	38	20.810
17	Dave Parry	✓	0:10		22	40	20.779
18	Dave Lee	✓	2:11		22	43	20.733
19	Paul Sayers				23	23	20.142
OPCC	Robert Rees				23	29	20.056
(ECC)	Rhys James				24	02	19.597
20	Jason Cordingley	✓	0:38		24	03	19.584
21	Charlotte Parry	✓	1:08		24	32	19.198
22	Barbara Williams				25	04	18.789
23	Caren Williams				28	00	16.821

Ten more PBs! As with our other events, a full PB list has now been created; to view/download, please click: [HERE](#)

Select only this page for printing by clicking: [10 Mile 03-08-10](#)

CRM 2010 TIME TRIAL RESULTS

This M-A League event still counts towards the club's BAR; that is why position numbers appear, as usual, against CRM club riders only. However, all League standings shall be available at [Energy CC](#).

Date:	03-08-10	Course:	Llanfairpwll 10 Mile		- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)	
(ECC)	Gareth McGuinness				22	37	26.529	
(ECC)	Garry Ellis				23	41	25.334	
(ECC)	Wayne Owen				24	20	24.657	
(HCC)	Gareth Blackshaw				24	21	24.640	
1	Iwan Morton				25	00	24.000	
2	Chris Green				25	05	23.920	
(ECC)	Elton Angle-Smith				25	11	23.825	
3	Arthur Connell				25	13	23.793	
4	Rob Mansell				25	29	23.544	
(ECC)	Arthur Thomas				25	32	23.498	
(HCC)	Medwyn Williams				25	36	23.437	
5	Dave Hughes				25	40	23.376	
(HCC)	Paul Martin				26	02	23.047	
(HCC)	Mark Bowman				26	02	23.047	
6	Gerallt Roberts				26	04	23.017	
(ECC)	Dewi Jones				26	23	22.741	
(ECC)	John Williams				26	25	22.712	
(ECC)	Derek Sayer				26	48	22.388	
7	Dafydd Williams				26	54	22.304	
8	Henry Williams				27	00	22.222	
9	Howyn Roberts				27	04	22.167	
(Unattached)	Paul Stolte				27	05	22.153	
10	Gareth Hind				27	11	22.072	
(ECC)	Dave Thomas				27	43	21.647	
(HCC)	Aled Williams				27	47	21.595	
(ECC)	Owain James				28	11	21.289	
11	Huw Parry				28	14	21.251	
12	Bridget Ripley				28	28	21.077	
13	Nefyn Williams				29	27	20.373	
14	Mike Dilworth				29	35	20.281	
15	Alwyn Parry				30	08	19.911	
16	Bob Hind				30	21	19.769	
17	Dave Lee				30	40	19.565	
(ECC)	Mike Pepper				31	01	19.344	
(ECC)	Rhys James	✓	1:17		31	42	18.927	
18	Paul Sayers				31	56	18.789	
19	Sioned Parry				33	43	17.795	
(Unattached)	Keith Williams				33	55	17.690	
20	Jason Cordingley				34	05	17.603	

According to our calculations, Rhys James is the only rider to have achieved a PB on this occasion; well done Rhys! It was a first attempt for several other riders, so a time to beat for them all next time round! See a full list of PBs for the '25' from 2003 to date by clicking: [HERE](#)

Photos of this event, taken by Gwynfor James, can be seen by clicking [Photos](#)

Select only this page for printing by clicking: [Star 25 Mile 27-07-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	27-07-10	Course:	Star 25 Mile*		- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)	
(ECC)	Gareth McGuinness	✓	0:12	-	57	23	25.721	
(ECC)	Garry Ellis	✓	1:41	1	00	26	24.423	
(ECC)	Meirion Davies			1	02	51	23.484	
(ECC)	Wayne Owen			1	02	59	23.434	
1	Iwan Parry			1	03	32	23.231	
2	Chris Green			1	04	55	22.736	
3	Iwan Morton			1	05	04	22.684	
(HCC)	Medwyn Williams			1	05	42	22.465	
4	Rob Mansell			1	05	53	22.403	
(ECC)	Elton Angle-Smith			1	06	25	22.223	
5	Gerallt Roberts			1	06	48	22.095	
(ECC)	John Williams	✓	0:03	1	07	57	21.721	
(HCC)	Aled Williams			1	09	19	21.293	
6	Iwan Evans			1	10	14	21.015	
(ECC)	Dave Thomas			1	10	50	20.837	
(Unattached)	Ronnie Edwards			1	12	37	20.325	
7	Bridget Ripley			1	12	52	20.256	
8	Nefyn Williams	✓	3:43	1	15	33	19.536	
9	Mike Dillworth			1	16	33	19.281	
10	Dave Lee	✓	0:04	1	17	40	19.004	
11	Annie Williams			1	18	28	18.810	
-	Howyn Roberts**			- DNF -			-	

Five more PBs! See a full list of PBs for the '25' from 2003 to date by clicking: [HERE](#)

*The Average MPH is taken from the actual distance of 24.60 miles.

**Howyn Roberts punctured within the first mile or so.

Select only this page for printing by clicking: [Llanfairpwll 10 Mile 20-07-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	20-07-10	Course:	Llanfair PG 10 Mile GCA*	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness				22	34	26.587
(ECC)	Garry Ellis				23	32	25.495
(RhosCC)	Simon Roxburgh				23	43	25.298
(LlynCC)	John Holt				23	44	25.280
(ECC)	Wayne Owen	✓	0:23		24	11	24.810
(RhosCC)	John Eifion Williams				24	13	24.776
(ECC)	Meirion Davies	✓	0:27		24	15	24.742
1	Iwan Parry				24	30	24.489
2	Iwan Morton				24	46	24.226
(RhosCC)	Aled Roberts				25	09	23.856
(ECC)	Arthur Thomas				25	11	23.825
(RhosCC)	Rhian Roxburgh				25	17	23.731
3	Gerallt Roberts	✓	0:53		25	21	23.668
(RhosCC)	Chris Pritchard				25	21	23.668
4	Rob Mansell				25	34	23.468
5	Keith Evans				25	39	23.391
6	Howyn Roberts	✓	1:09		25	46	23.285
(ECC)	John Williams				26	28	22.670
7	Iwan Evans				26	36	22.556
8	Tim Whitton	✓	1:08		26	41	22.485
(HCC)	Aled Williams				26	43	22.457
(LlynCC)	Steffan Jones				26	57	22.263
(LlynCC)	Adam Holt				27	50	21.556
9	Huw Parry				27	57	21.466
(ECC)	Jasmine Sharp				27	59	21.441
10	Alwyn Parry				29	57	20.033
11	Dave Lee				30	29	19.682
(ECC)	Rhys James				31	59	18.759
12	Sioned Parry				34	38	17.324
(RhosCC)	Justin Mclveen				- DNF -		-

Despite the weather (again), some more PBs were achieved! See a full list of PBs for the '10' from 2003 to date by clicking: [HERE](#).

*Although this was a GCA event, it also counts towards the end of year standings for CRM club members. Results for this event in the GCA format (showing category prize winners) published by Dylan Williams can be obtained by clicking: [GCA 10 Results Sheet 20-07-10](#)

**The Llanberis 31 Mile event of 18 July was cancelled
due to bad weather and surface water in places.**

Select only this page for printing by clicking: [15 Mile 13-07-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	14-07-10	Course:	Rhosmeirch 15 Mile*	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness				34	24	24.767
1	Arthur Connell	✓	1:06		37	12	22.903
2	Iwan Parry				37	38	22.639
3	Iwan Morton				38	35	22.082
4	Rob Mansell				38	41	22.024
5	Dave Gleave				38	53	21.911
6	Ian Evans				39	12	21.734
(RhosCC)	Stephen Pritchard	✓	0:45		39	23	21.633
(ECC)	Derek Sayer	✓	0:36		40	43	20.925
7	Iwan Evans	✓	0:44		41	45	20.407
(ECC)	Jamie Holding				41	55	20.326
(HCC)	Aled Williams	✓	0:40		41	57	20.309
8	Howyn Roberts				43	45	19.474
9	Bridget Ripley				44	37	19.096
(ECC)	Owain Llyr James				45	26	18.752
(HCC)	Medwyn & Rhys Williams <i>(riding 2-Up)</i>				47	15	18.031
10	Alwyn Parry	✓	0:08		47	44	17.849
11	Dave Lee**				48	41	17.500
12	Charlotte Parry				48	49	17.453
13	Jason Cordingley				51	40	16.490

Some more PBs... despite the rather unfavourable weather conditions!

To see a full list of PBs for the this event, please click [HERE](#).

*As previously stated, from this season onwards, the Start location has been relocated. This means that the actual distance of this course is now **14.20** miles.

**Congratulations to Dave Lee for finishing the event for the first time! Dave has been unfortunate on both of his previous attempts; having to abandon before the finish. He (as well as many others for whom this was their first attempt) have now set themselves a time to beat on this course for 2011!

Select only this page for printing by clicking: [25 Mile 29-06-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	29-06-10	Course:	Star 25 Mile*		- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)	
(ECC)	Meirion Davies	✓	6:10	1	01	14	24.104	
1	Iwan Parry	✓	1:12	1	02	00	23.806	
(ECC)	Elton Angle-Smith	✓	5:14	1	02	07	23.761	
2	Rob Mansell	✓	0:11	1	03	32	23.231	
3	Dave Hughes			1	04	37	22.842	
4	Gareth Hind	✓	8:45	1	04	55	22.736	
5	Keith Evans	✓	1:00	1	05	42	22.465	
6	Barry Williams			1	06	06	22.329	
7	Gerallt Roberts	✓	7:44	1	06	28	22.206	
8	Vince Edwards	✓	0:35	1	06	37	22.156	
(HCC)	Paul Martin	✓	3:33	1	07	03	22.013	
9	Thomas Bunn			1	07	10	21.975	
10	Howyn Roberts	✓	2:18	1	07	58	21.716	
(HCC)	Aled Williams	✓	1:48	1	08	08	21.663	
(ECC)	Dave Thomas			1	08	40	21.495	
11	Iwan Evans	✓	1:22	1	09	04	21.370	
(Unattached)	Ron Edwards			1	10	10	21.035	
12	Gethyn Hughes	✓	2:46	1	13	40	20.036	
13	Mike Dilworth	✓	1:39	1	13	45	20.013	
(Unattached)	Dave Smith	✓	2:23	1	14	58	19.688	
14	Dave Lee	✓	5:40	1	17	44	18.987	
15	Alwyn Parry			1	18	12	18.874	
16	Barbara Williams	✓	3:37	1	22	09	17.967	
17	Sioned Parry	✓	1:57	1	24	06	17.550	
18	Jason Cordingley**			- DNF -			-	

Several PBs again this week; congratulations to all!

To see a full list of PBs for the '25' from 2003 to date, please click [HERE](#).

Please do not hesitate to contact us if you feel that any of the listed PBs are incorrect.

*The Average MPH is taken from the actual distance of 24.60 miles.

**Jason punctured and had to abandon on the return leg near Gwalchmai.

Select only this page for printing by clicking: [10 Mile 22-06-10](#)

CRM 2010 TIME TRIAL RESULTS							
<i>Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.</i>							
Date:	22-06-10	Course:	Llanfairpwll 10 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness*	✓	0:28		22	00	27.272
(ECC)	Wayne Owen	✓	0:27		24	34	24.423
(ECC)	Meirion Davies	✓	0:07		24	35	24.406
1	Iwan Parry				24	36	24.390
(ECC)	Ben Butler	✓	1:26		24	51	24.144
2	Iwan Morton				24	55	24.080
(ECC)	Arthur Thomas				25	02	23.968
3	Dave Hughes				25	24	23.622
(HCC)	Paul Martin				25	37	23.422
4	Barry Williams				25	52	23.195
5	Gerallt Roberts	✓	2:56		26	14	22.871
6	Keith Evans				26	16	22.842
7	Howyn Roberts	✓	1:46		26	35	22.570
"	Iwan Evans	✓	1:16				
(HCC)	Aled Williams	✓	2:03		26	40	22.500
(ECC)	Owain James	✓	1:27		27	08	22.113
(ECC)	Dave Thomas				27	57	21.466
(ECC)	Jasmine Sharp				28	22	21.151
8	Gethyn Hughes	✓	0:27		29	06	20.618
9	Steve Vater				29	48	20.134
10	Alwyn Parry				29	54	20.066
11	Dave Lee	✓	1:37		30	17	19.812
12	Paul Sayers				30	27	19.704
13	Jason Cordingley				32	26	18.499
14	Barbara Williams				32	34	18.423
15	Sioned Parry	✓	0:50		33	04	18.145

*Another PB for Gareth McGuinness, as well as for several other riders again this week! Incidentally, Gareth McGuinness' time above is just 8 seconds short of matching the all time record of 21:52 set by Gareth Jones on 15.07.03!

If you would like to see a full list of PBs for the '10' from 2003 to date, please click [HERE](#).

PBs: Please do not hesitate to contact us if you feel that any of the listed PBs are incorrect.

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	15-06-10	Course:	Brynsiencyn 7.85 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness*	✓	0:04		17	30	26.914
(ECC)	Wayne Owen				19	01	24.767
1	Iwan Morton	✓	0:27		19	02	24.746
(ECC)	Meirion Davies						
2	Arthur Connell	✓	0:23		19	08	24.616
(ECC)	Ben Butler	✓	0:33		19	25	24.257
3	Gareth Hind	✓	1:16		19	32	24.112
4	Dave Hughes				19	35	24.051
(ECC)	Elton Angle-Smith	✓	0:26		19	39	23.969
5	Dave Gleave	✓	0:20		19	40	23.949
6	Barry Williams				19	43	23.888
7	Keith Evans	✓	0:13		19	45	23.848
(HCC)	Paul Martin				19	52	23.708
(Unattached)	Nick Swinburn				20	02	23.510
8	Gerallt Roberts	✓	1:15		20	11	23.336
9	Howyn Roberts	✓	0:42				
(ECC)	Nestor Guash	✓	0:43		20	13	23.297
(HCC)	Aled Williams	✓	0:29		20	21	23.144
(ECC)	Derek Sayer				20	24	23.088
(ECC)	John Williams				20	31	22.956
(ECC)	Dave Thomas				20	36	22.864
10	Iwan Evans	✓	0:28		20	46	22.680
11	Chris Wright				20	55	22.517
(ECC)	Jamie Holding				21	14	22.182
(ECC)	Jasmine Sharp	✓	0:03		21	27	21.958
(Unattached)	Kevin Owen				21	42	21.705
12	Mike Dilworth	✓	0:08		22	09	21.264
13	Paul Sayers	✓	0:43		23	07	20.374
14	Annie Williams	✓	1:33		23	19	20.200
15	Barbara Williams	✓	1:20		24	02	19.597
(Unattached)	Keith Williams				24	20	19.356
16	Jason Cordingley	✓	0:47		24	41	19.081
(Unattached)	Merfyn Jones				24	53	18.928
17	Caren Williams	✓	0:03		25	57	18.150
(Unattached)	Tessa Hutton				26	21	17.874

*Another course record! Gareth McGuinness shaves a further 4 seconds off the previous record time of 17:34 that he set for this course on 04-05-10. Please note that Gareth's average speed is just a shade under 27 mph!!

Lots more PBs again this week! Some riders' previous PBs were set last year when we first ran this version of the course.

Many thanks to Dewi Jones (ECC) for assisting at the start, and to Tony Connell for marshalling the turn roundabout.

Select only this page for printing by clicking: [31 Mile 13-06-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	13-06-10	Course:	Llanberis 31 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
1	Arthur Connell	✓	3:38	1	24	15	22.077
(ECC)	Meirion Davies			1	25	32	21.745
2	Iwan Morton	✓	9:13	1	25	54	21.653
(ECC)	Ben Butler			1	26	53	21.408
(ECC)	Elton Angle-Smith			1	27	31	21.253
(RhosCC)	Mike Burns	✓	1:34	1	29	26	20.797
(ECC)	Dafydd Williams	✓	1:35	1	30	11	20.624
(ECC)	Wayne Owen	✓	4:07	1	31	05	20.420
3	Gareth Hind	✓	1:10	1	31	11	20.398
(ECC)	John Williams	✓	1:34	1	32	03	20.206
4	Dave Gleave			1	32	17	20.155
(ECC)	Jamie Holding	✓	4:25	1	33	35	19.875
5	Howyn Roberts	✓	5:30	1	36	23	19.297
6	Gerallt Roberts			1	37	57	18.989
(RhosCC)	John Newsome	✓	0:52	1	42	41	18.113
7	Peter Gardner	✓	1:19	1	44	15	17.841
8	Robert Hind			1	48	10	17.195

Lots of PBs again this time; congratulations to all!

Thanks to Dylan Williams for marshalling, first at Pen y Gwryd, then at Cwm y Glo.

Select only this page for printing by clicking: [15 Mile 08-06-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	08-06-10	Course:	Rhosmeirch 15 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness*				33	56	25.284
1	Iwan Morton	✓	0:26		38	12	22.460
(ECC)	Ben Butler				39	05	21.953
2	Barry Williams	✓	0:08		39	49	21.548
(RhosCC)	Stephen Pritchard				40	08	21.378
3	Dave Hughes				40	14	21.325
4	Vince Edwards				40	17	21.299
5	Tom Bunn				40	23	21.246
(ECC)	Matthew Vernon				40	25	21.228
(ECC)	Luigi Baccarini				41	11	20.833
(ECC)	Jamie Holding**				41	28	20.691
(Unattached)	Joe Hawkin				41	43	20.567
6	Keith Evans				41	53	20.485
7	Gareth Hind				42	13	20.323
(HCC)	Aled Williams	✓	1:44		42	37	20.132
8	Chris Wright				42	45	20.070
(Unattached)	Owain Llewelyn				42	57	19.976
(ECC)	Dave Thomas				43	06	19.907
9	Huw Parry				43	15	19.838
10	Arwel Roberts	✓	1:51		44	42	19.194
(Unattached)	Dave Smith				44	47	19.158
11	Gethyn Hughes	✓	1:34		44	53	19.116
12	Nefyn Williams				45	54	18.692
(RhosCC)	Geraint Roberts				46	31	18.445
13	Annie Williams	✓	1:20		47	40	18.000
14	Alwyn Parry				48	08	17.825
15	Steve Vater				48	25	17.721
16	Paul Sayers				49	28	17.345
17	Jason Cordingley				51	13	16.752
18	Barbara Williams				51	59	16.505
19	Sioned Parry				52	16	16.415
(ECC)	Wayne Owen				- DNF -		-
-	Dave Lee				- DNF -		-

*Congratulations to Gareth McGuinness for, once again, setting a new course record with an absolutely blistering performance! Perhaps worth noting here, just for comparison purposes, is the all-time record of 35:50 for the original version of this course set by Tony McFayden (Harlech Wheelers) on 19 May, 1999. Based on the true distance (then) of 15.10 miles, Tony would have clocked an Ave. Speed of 25.283 mph, whilst Gareth's Ave Speed above is a whisker faster at **25.284 mph!**

**Jamie Holding matches his previous time exactly!

Due to some positive feedback, it now seems very likely that this version of the '15' will be used on a permanent basis. Again, several newcomers to this version of the course have set themselves a time to beat next time round!

Select only this page for printing by clicking: [25 Mile 01-06-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	01-06-10	Course:	Star 25 Mile		- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)	
(ECC)	Gareth McGuinness				58	02	25.433	
(ECC)	Gary Ellis			1	02	07	23.761	
(ECC)	Wayne Owen	✓	2:57	1	02	55	23.459	
1	Rob Mansell			1	04	15	22.972	
2	Iwan Morton	✓	1:51	1	04	31	22.877	
(ECC)	Arthur Thomas			1	04	39	22.830	
(HCC)	Medwyn Williams			1	05	55	22.391	
(ECC)	Ben Butler			1	05	58	22.374	
3	Barry Williams			1	06	11	22.301	
4	Dave Gleave			1	06	53	22.068	
5	Dave Hughes			1	07	01	22.024	
(Unattached)	Elton Angle-Smith			1	07	21	21.915	
(ECC)	John Williams			1	08	13	21.636	
(Unattached)	Joe Hawkin			1	09	24	21.268	
(ECC)	Dave Thomas			1	09	43	21.171	
(ECC)	Derek Sayer			1	09	52	21.125	
(HCC)	Aled Williams			1	09	56	21.105	
6	Howyn Roberts	✓	6:49	1	10	16	21.005	
7	Iwan Evans			1	10	26	20.955	
8	Arthur Connell			1	10	28	20.946	
(ECC)	Jasmine Sharp			1	12	16	20.424	
(Unattached)	Owain Llewelyn			1	12	52	20.256	
9	Nick Stuart	✓	3:38	1	13	24	20.108	
(ECC)	Jamie Holding			1	13	43	20.022	
10	Gerallt Roberts			1	14	12	19.892	
11	Matthew Burton			1	14	39	19.772	
12	Mike Dilworth			1	15	24	19.575	
13	Gethyn Hughes	✓	3:35	1	16	26	19.310	
14	Arwel Roberts			1	16	36	19.268	
(Unattached)	Dave Smith			1	17	21	19.082	
15	Dave Parry			1	18	03	18.910	
16	Nefyn Williams			1	19	16	18.620	
17	Alwyn Parry			1	19	26	18.581	
18	Dave Lee			1	23	24	17.697	
19	Sioned Parry			1	26	03	17.152	
20	Barbara Williams			1	26	11	17.126	
21	Jason Cordingley			1	26	39	17.034	

Distance Covered: 27.85 Miles (see * below)

-	Annie Williams			1	36	23	17.337
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*We apologise for having wrongly informed some of the newcomers to this event that a marshal would be present at the turn roundabout. To Annie Williams, in particular, this caused her to ride through Caergeiliog to the next roundabout before turning back! The distance (out & back) between the two roundabouts is 3.25 miles and, based on Annie's overall average speed, we have worked out an approximate time that she would have taken to cover the extra distance. This comes to 11:04 which, when deducted from her time as stated above, leaves a time of 1:25:09. This is our closest estimation of the time that Annie would have taken to cover the normal distance (which, incidentally, has a true distance of 24.60 miles).

PBs: Will riders please contact us on 07800669276 if they know that they have had a faster time (therefore, their PB) on a previous occasion.

Click [HERE](#) to see some photos by Gwynfor James.

Select only this page for printing by clicking: [7.85 Mile 25-05-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	25-05-10	Course:	Brynsiencyn 7.85 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness				17	36	26.761
(ECC)	Wayne Owen	✓	0:15		18	56	24.876
(ECC)	Arthur Thomas				19	00	24.789
(ECC)	Dewi Jones				19	08	24.616
(ECC)	Meirion Davies				19	13	24.509
1	Dave Hughes				19	25	24.257
2	Iwan Morton	✓	0:11		19	29	24.174
3	Arthur Connell				19	31	24.133
4	Barry Williams	✓	0:05		19	41	23.928
(HCC)	Paul Martin				19	52	23.708
(ECC)	Ben Butler	✓	0:52		19	58	23.589
5	Dave Gleave	✓	0:30		20	00	23.550
(ECC)	Elton Angle-Smith				20	05	23.452
(ECC)	Luigi Baccarini				20	24	23.088
6	Matthew Burton				20	41	22.771
(HCC)	Aled Williams	✓	0:58				
(ECC)	John Williams				20	50	22.608
(ECC)	Dave Thomas						
7	Howyn Roberts	✓	0:58		20	53	22.553
(ECC)	Nestor V. Guasch				20	56	22.500
(ECC)	Jamie Holding				21	04	22.357
8	Gerallt Roberts	✓	0:09		21	26	21.975
9	Iwan Evans				21	29	21.923
(Unattached)	Kevin Owen				21	35	21.822
10	Andy Jones	✓	0:31		21	40	21.738
11	Brian Jones				21	54	21.506
12	Huw Parry				22	04	21.344
(Unattached)	Brian Saxton				22	07	21.296
13	Mike Dilworth	✓	1:27		22	17	21.136
(Unattached)	Richard Parry						
14	Arwel Roberts	✓	0:04		22	33	20.886
15	Gethyn Hughes				22	43	20.733
16	Dave Parry	✓	1:27		22	50	20.627
17	Alwyn Parry				22	54	20.567
(Unattached)	Dave Smith				23	18	20.214
18	Paul Sayers	✓	1:18		23	50	19.762
19	Steve Vater				24	00	19.625
20	Dave Lee				25	09	18.727
21	Jason Cordingley	✓	0:44		25	28	18.494
22	Sioned Parry	✓	0:23		25	38	18.374
23	Charlotte Parry				25	40	18.350
24	Caren Williams	✓	1:04		26	00	18.115

2-UP

-	Alison Williams & Will Owen				27	36	17.065
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Several PBs again this week! If anyone feels that any of the PBs listed above are incorrect in any way, please do not hesitate to contact me on: **07800669276**. Also, the many newcomers to this event have set themselves a 'time to beat'; good luck to them all next time round!

Our membership list keeps growing! Mike Dilworth is now our newest member; a very warm welcome to him from all here at CRM.

Thanks to Jan Hughes for helping by taking the TT fees at the start line. Thanks also to Tony Connell for marshalling the turn roundabout.

Results obtained from CRM's website at: www.freewebs.com/crm_results

Select only this page for printing by clicking: [15 Mile 18-05-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	18-05-10	Course:	Rhosmeirch 15 Mile*	- Time -			Ave Speed
In time order	Name		hr	min	sec	(mph)	
(ECC)	Gary Ellis*			37	00	23.189	
1	Arthur Connell			38	18	22.402	
2	Iwan Morton			38	38	22.208	
(ECC)	Dewi Jones			38	55	22.047	
(ECC)	Wayne Owen**			39	11	21.897	
(ECC)	Dafydd Williams			39	17	21.841	
3	Vince Edwards			39	39	21.639	
4	Barry Williams			39	57	21.476	
(ECC)	John Williams			41	03	20.901	
(ECC)	Derek Sayer			41	19	20.766	
(ECC)	Jamie Holding			41	28	20.691	
5	Matthew Burton			42	17	20.291	
(ECC)	Dave Thomas			42	35	20.148	
6	Iwan Evans			42	39	20.117	
(ECC)	Jasmine Sharp			43	02	19.938	
7	Andy Jones			43	41	19.641	
8	Howyn Roberts			43	43	19.626	
(HCC)	Aled Williams			44	21	19.346	
9	Nefyn Williams			46	07	18.604	
10	Gerallt Roberts			46	13	18.564	
11	Gethyn Hughes			46	27	18.471	
12	Arwel Roberts			46	33	18.431	
(Unattached)	Mike Dilworth			46	35	18.418	
13	Dave Parry			47	37	18.018	
14	Alwyn Parry			47	52	17.924	
15	Annie Williams			49	00	17.510	
16	Barbara Williams			51	12	16.757	
17	Sioned Parry			51	57	16.515	
-	Dave Lee			- DNF -		-	

A warm welcome to Arthur Connell who, after several years away from our TTs, has now rejoined CRM. And a warm welcome also to Bob Hind (Gareth's dad) who recently joined the Club (*a full list of members is available on our home page*).

*Due to ongoing road works traffic lights situated within the first mile from the normal Start location, this event had to be reduced to 14.30 miles. It has since been decided that we shall continue with this format for the remainder of this season, and perhaps even permanently. If that will be the case, then Gary Ellis' time above is now a Course Record for this version of the course, and everyone else's time their PBs!!

**Only fair to mention as well is the fact that Wayne had serious gearing problems; and that he had no choice but to jump off and run up one steep section of the course! However, Wayne still manages an excellent time despite the disadvantage!

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	16-05-10	Course:	Llanberis 31 Mile	- Time -			Ave Speed
In time order	Name	PB	Improved by	hr	min	sec	(mph)
(ECC)	Gareth McGuinness*	✓	3:48	1	16	18	24.377
(ECC)	Harry Wickham			1	24	45	21.946
1	Rob Mansell			1	25	12	21.830
(ECC)	Meirion Davies			1	25	15	21.818
(YstwythCC)	Shelley Childs			1	26	22	21.536
(Unattached)	Arthur Connell			1	27	53	21.164
(Unattached)	Nick Swindon			1	28	40	20.977
(LlynCC)	Peter Windsor			1	29	09	20.863
(RhosCC)	Mike Burns			1	31	00	20.439
(LlynCC)	Selwyn Scott			1	31	37	20.301
(ECC)	Dafydd Williams			1	31	46	20.268
(RhosCC)	Ben Beachell			1	32	19	20.148
2	Gareth Hind	✓	5:09	1	32	21	20.140
3	Barry Williams	✓	1:27	1	32	54	20.021
4	Matthew Burton			1	33	04	19.985
(LlynCC)	Stephan Jones			1	33	23	19.917
(ECC)	John Williams			1	37	36	19.871
(ECC)	Jamie Holding	✓	3:54	1	38	00	18.979
5	Keith Evans			1	38	34	18.870
6	Howyn Roberts			1	41	53	18.256
(Unattached)	Sion Regan			1	41	56	18.247
7	Dave Hughes			1	43	30	17.971
(RhosCC)	John Newsome			1	43	33	17.962
(RhosCC)	Leslie Horobin			1	49	31	16.983
8	Gethyn Hughes	✓	1:09	1	54	26	16.254
9	Alwyn Parry			2	01	27	15.314
10	Sioned Parry			2	07	56	14.538
(ECC)	Ben Butler			- DNF -			-

*Congratulations to Gareth McGuinness for, once more, setting a new course record. Gareth shaves 3 min 48 sec from the previous record time of 1:20:06 that he set on 18-08-09!

It was the first attempt for some riders from all the clubs listed above – in particular from Llyn C.C. and Rhos C.C. Congratulations to all for attempting what is our toughest and longest distance of all our TT courses!

Thanks also to Dylan Williams for marshalling, first at Pen y Gwryd, then at Cwm y Glo.

Click [HERE](#) to see some photos by Gwynfor James.

**The Llanfairpwll 10 Mile G.C.A. event of 4 May
was cancelled due traffic lights on the course.**

CRM 2010 TIME TRIAL RESULTS

This M-A League event still counts towards the club's BAR; that is why position numbers appear, as usual, against CRM club riders only. However, all League standings may soon be available from [Energy CC](#).

Date:	04-05-10	Course:	Brynsiencyn 7.85 Mile	- Time -			Ave Speed
In time order	Name		hr	min	sec	(mph)	
(ECC)	Gareth McGuinness*			17	34	26.812	
(TeamRaleigh)	Liam Holohan			18	16	25.784	
(ECC)	Harry Wickham			18	36	25.322	
(HCC)	Gareth Blackshaw			19	03	24.724	
(ECC)	Wayne Owen (PB)			19	11	24.552	
1	Iwan Parry			19	16	24.446	
(ECC)	Dewi Jones			19	27	24.215	
(HCC)	Medwyn Williams (PB)						
(ECC)	Arthur Thomas			19	29	24.174	
2	Matt Pritchard			19	31	24.133	
3	Vince Edwards (PB)			19	35	24.051	
4	Barry Williams			20	10	23.355	
5	Keith Evans			20	12	23.316	
(HCC)	Paul Martin			20	19	23.182	
(Ashfield RC)	Fred Maier						
(HCC)	Mark Bowman			20	26	23.050	
6	Dave Hughes			20	27	23.031	
(ECC)	Dafydd Williams (PB)			20	30	22.975	
7	Tim Whitton			20	31	22.956	
8	Ian Evans			20	32	22.938	
(ECC)	Derek Sayer			20	40	22.790	
(ECC)	John Williams			20	46	22.680	
9	Gareth Hind			20	59	22.446	
10	Iwan Evans (PB)			21	14	22.182	
11	Gerallt Roberts (PB)			21	35	21.822	
(ECC)	Jamie Holding			21	39	21.755	
(HCC)	Delwyn Williams			21	46	21.638	
(HCC)	Aled Williams (PB)			21	48	21.605	
12	Howyn Roberts			21	51	21.556	
(ECC)	Owain James (PB)			22	01	21.392	
13	Andy Jones			22	11	21.232	
14	Huw Parry						
(HCC)	Paul Cleverly			22	13	21.200	
(ECC)	Jasmine Sharp			22	15	21.168	
(ECC)	Josh Royle			22	17	21.136	
15	Arwel Roberts (PB)			22	37	20.825	
16	Nick Stuart			22	59	20.493	
17	Nefyn Williams (PB)			23	14	20.272	
18	Alwyn Parry			24	03	19.584	
19	Dave Parry			24	17	19.396	
20	Simon Ward (PB)			24	47	19.004	
21	Annie Williams			24	54	18.915	
22	Dave Lee			24	58	18.865	
23	Paul Sayers (PB)			25	08	18.740	
24	Barbara Williams (PB)			25	22	18.567	
(ECC)	Claudette Fleming			25	28	18.494	
25	Sioned Parry			26	15	17.942	
26	Caren Williams (PB)			27	04	17.401	
27	Lynne Stuart			27	37	17.054	

*Gareth McGuinness shaves 3 seconds off the previous record time of 17:37 that he set on 30-06-09 for the current course format. After a quick check, it appears that there are several Personal Bests (PB) on this occasion. If anyone feels that the PBs listed above are incorrect, please feel free to contact me. This was also the first attempt at this course for several other riders, so they have set themselves a time to beat next time!

We are pleased to announce yet two more new members to CRM! They are: Ian Evans and Arwel Roberts; a very warm welcome to both from all at CRM!

Thanks to Jan & Amber Hughes for helping by taking the TT fees at the start line. Thanks also to Iwan Morton for volunteering to be the 'pusher off'. See some photos of the event by clicking: [Gwynfor's Photos](#).

Select only this page for printing by clicking: [10 Mile 27-04-10](#)

CRM 2010 TIME TRIAL RESULTS							
<i>Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.</i>							
Date:	27-04-10	Course:	Llanfairpwll 10 Mile	- Time -			Ave Speed
In time order	Name		hr	min	sec	(mph)	
(ECC)	Gareth McGuinness			22	28	26.706	
1	Matt Pritchard			24	29	24.506	
2	Iwan Morton			24	42	24.291	
(ECC)	Wayne Owen			25	04	23.936	
3	Iwan Parry			25	09	23.856	
(ECC)	Luigi Baccarini			25	13	23.793	
(Unattached)	Tim Lloyd			25	15	23.762	
(ECC)	Arthur Thomas			25	20	23.684	
(HCC)	Medwyn Williams						
4	Barry Williams			25	42	23.346	
(ECC)	Dafydd Williams			25	47	23.270	
(ECC)	Ben Butler			26	17	22.828	
5	Dave Gleave			26	18	22.813	
6	Tim Whitton			26	39	22.514	
7	Dave Hughes			26	40	22.500	
(ECC)	Derek Sayer						
8	Gareth Hind			26	44	22.443	
9	Keith Evans			27	00	22.222	
(ECC)	John Williams			27	11	22.072	
(ECC)	Jamie Holding			27	18	21.978	
(ECC)	Jasmine Sharp			27	34	21.765	
(ECC)	Dave Thomas			27	36	21.739	
10	Huw Parry			27	43	21.647	
11	Iwan Evans			27	51	21.543	
12	Howyn Roberts			28	21	21.164	
(HCC)	Aled Williams			28	43	20.893	
(Unattached)	Arwel Roberts			29	02	20.665	
13	Gerallt Roberts			29	10	20.571	
14	Gethyn Hughes			29	33	20.304	
15	Brian Jones			29	37	20.258	
16	Simon Ward			31	19	19.159	
17	Alwyn Parry			31	38	18.967	
(ECC)	Claudette Fleming			31	58	18.769	
18	Dave Parry			31	59	18.759	
19	Dave Lee			32	51	18.264	
20	Barbara Williams			32	54	18.237	
21	Paul Sayers			33	01	18.172	
22	Sioned Parry			33	54	17.699	
Llanfairpwll 3.80* Mile							
-	Caren Williams (CRM)			12	30	18.240	

Another massive turnout for a CRM event once again; many thanks to all participants!

*Caren Williams had not intended to ride the normal event on this occasion, but was invited to ride the 3.80 miler instead. Caren has also become the latest to join a long list of new members for this season; a very warm welcome to her from all at CRM. And with two previous members rejoining, our list now totals 48 members! *(A full list of members is available on our home page).*

Results obtained from CRM's website at: www.freewebs.com/crm_results

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	20-04-10	Course:	Brynsiencyn 7.85 Mile			- Time -	Ave Speed		
In time order	Name					hr	min	sec	(mph)
(ECC)	Gareth McGuinness						18	03	26.094
(ECC)	Harry Wickham						18	31	25.436
(ECC)	Wayne Owen						19	12	24.531
(ECC)	Meirion Davies						19	22	24.320
	Gary Ellis								
1	Iwan Parry						19	31	24.133
(ECC)	Dewi Jones								
2	Iwan Morton						19	47	23.807
(ECC)	Matthew Vernon						19	51	23.727
(Unattached)	Tim Lloyd						20	06	23.432
3	Barry Williams						20	17	23.221
(Unattached)	Nick Swinburn						20	24	23.088
4	Keith Evans						20	25	23.069
5	Dave Hughes						20	30	22.975
(ECC)	Dafydd Williams						20	44	22.717
(ECC)	Ben Butler						20	50	22.608
6	Dave Gleave						20	53	22.553
(ECC)	Derek Sayer						20	55	22.517
(ECC)	John Williams						21	03	22.375
(ECC)	Jamie Holding						21	19	22.095
(Unattached)	Dan Hastwayte						21	29	21.923
7	Iwan Evans						21	32	21.873
8	Howyn Roberts						21	56	21.474
(Unattached)	Josh Royle						22	11	21.232
9	Huw Parry						22	20	21.089
10	Nefyn Williams						23	15	20.258
11	Brian Jones						23	17	20.229
(ECC)	Mark Jones						23	18	20.214
(Unattached)	Arwel Roberts						23	29	20.056
12	Alwyn Parry						23	33	20.000
13	Gethyn Hughes						23	46	19.817
14	Annie Williams						24	52	18.941
15	Barbara Williams						25	16	18.641
16	Dave Lee						25	31	18.458
17	Gerallt Roberts						25	42	18.326
18	Paul Sayers						26	04	18.069
19	Jason Cordingley						26	12	17.977
20	Sioned Parry						26	13	17.965
21	Simon Ward						26	20	17.886
(Unattached)	Caren Williams						28	16	16.662

With 40 riders, this must be a record turnout again for this course! And with three more new members to join CRM, our list of paid-up members for this year has now reached 45! Our newest members are: Nefyn & Annie Williams and Simon Ward; a very warm welcome to all three from all at CRM! (A full list of members is available on our home page).

Many thanks to Dave Thomas for assisting at the finish line by calling out riders' race numbers.

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	13-04-10	Course:	Llanfairpwll 3.80 Mile	- Time -			Ave Speed
In time order	Name		hr	min	sec	(mph)	
(ECC)		Harry Wickham		08	31	26.771	
(ECC)		Gareth McGuinness		08	34	26.614	
(ECC)		Wayne Owen		08	44	26.106	
(ECC)		Dewi Jones		08	54	25.617	
1		Iwan Parry		09	01	25.286	
(ECC)		Meirion Davies		09	04	25.147	
(Unattached)		Gary Ellis		09	11	24.827	
(HCC)		Medwyn Williams		09	11	24.827	
2		Iwan Morton		09	14	24.693	
(ECC)		Matthew Vernon		09	24	24.255	
3		Dave Hughes		09	24	24.255	
(Unattached)		Abe Ankers		09	28	24.084	
4		Tim Whitton		09	31	23.957	
(ECC)		David Ashmore		09	38	23.667	
5		Dave Gleave		09	42	23.505	
(ECC)		Chris Purt		09	43	23.464	
6		Keith Evans		09	43	23.464	
(ECC)		Dafydd Williams		09	46	23.344	
7		Gareth Hind		09	51	23.147	
8		Iwan Evans		09	56	22.953	
(ECC)		John Williams		09	59	22.838	
(ECC)		Ben Butler		10	02	22.724	
(ECC)		Jamie Holding		10	03	22.686	
(ECC)		Owain Llyr James		10	06	22.574	
(Unattached)		Joe Hawkins		10	10	22.426	
9		Howyn Roberts		10	17	22.171	
(Unattached)		Simon Ward		10	25	21.888	
(ECC)		Derek Sayer		10	25	21.888	
(ECC)		Jasmine Sharp		10	34	21.577	
10		Gerallt Roberts		10	35	21.543	
"		Nick Stuart		10	38	21.442	
11		Huw Parry		10	38	21.442	
(HCC)		Warren McDonough		10	43	21.275	
12		Brian Jones		10	44	21.242	
13		Alwyn Parry		10	54	20.917	
14		Debbie Sheridan		10	55	20.885	
(ECC)		Kate Jones		11	03	20.633	
15		Gethyn Hughes		11	07	20.509	
(ECC)		Rhys James		11	25	19.970	
(HCC)		Aled Williams		11	28	19.883	
16		Eamonn Sheridan		11	30	19.826	
(ECC)		Dilwyn Jones		11	35	19.683	
17		Dave Lee		11	56	19.106	
18		Paul Sayers		12	01	18.973	
19		Jason Cordingley		12	06	18.842	
20		Sioned Parry		12	28	18.288	
(Unattached)		Caren Williams		12	51	17.743	
21		Lynne Stuart		13	06	17.404	
22		Alison Williams		13	47	16.541	
(Unattached)		Mark Jones		DNF		-	

With 50 riders, this must be a record turnout for CRM! Two new members to join CRM are Iwan Evans and Alison Williams. Iwan rode his first ever time trial on this course two weeks ago, and Alison Williams (*first time ever on a road bike!*) also rode her first ever time trial in the above event; a very warm welcome to them both!

Gwynfor James kindly took some photos of the event, they can be seen by clicking [Gwynfor's Photos](#).

The Brynsiencyn event of 6 April was cancelled due to bad weather.

Select only this page for printing by clicking: [3.80 Mile 30-03-10](#)

CRM 2010 TIME TRIAL RESULTS

Please note that position numbers appear against CRM club riders only as it facilitates end-of-season calculations for the club's BAR and other prizes.

Date:	30-03-10	Course:	Llanfairpwll 3.80 Mile	- Time -			Ave Speed
In time order	Name		hr	min	sec	(mph)	
(ECC)	Wayne Owen			09	16	24.604	
1	Iwan Morton			09	40	23.586	
2	Tim Whitton			09	43	23.464	
3	Keith Evans			09	51	23.147	
4	Gareth Hind			09	59	22.838	
(ECC)	Gwyn Williams			10	01	22.762	
(ECC)	Dewi Jones			10	08	22.500	
(CBC)	Iwan Evans			10	17	22.171	
5	Chris Wright			10	32	21.645	
(ECC)	Owain James			10	38	21.442	
6	Dave Hughes			10	42	21.308	
(ECC)	Jasmine Sharp			10	46	21.176	
7	Brian Jones			11	08	20.479	
8	Dave Parry			11	32	19.598	
(ECC)	Rhys James			11	51	19.240	
9	Jason Cordingley			12	39	18.023	

Results obtained from CRM's website at: www.freewebs.com/crm_results

CRM 2010 TIME TRIAL RESULTS							
Date:	21-03-10	Course:	Rhostrehwfa 1 Km	- Time -			Ave Speed
In time order	Name		hr	min	sec	(mph)	
1 st	Dave Hughes			1	08	32.896	
2 nd "	Iwan Morton Nestor Guasch			1	09	32.419	
3 rd " "	Matthew Burton Dewi Jones Wayne Owen			1	10	31.956	
4 th	Keith Evans			1	11	31.506	
5 th "	Jamie Holding Chris Wright			1	12	31.068	
6 th	Alwyn Parry			1	13	30.642	
7 th	Derek Sayer			1	15	29.825	
8 th	Mark Bowman			1	16	29.433	
9 th "	John Williams Kate Jones			1	17	29.051	
10 th "	Dave Lee Howyn Roberts			1	18	28.678	
11 th	Dilwyn Jones			1	19	28.315	
12 th	Huw Parry			1	20	27.961	
13 th	Gethyn Hughes			1	23	26.951	
14 th	Sioned Parry			1	24	26.630	
15 th	Jason Cordingley			1	25	26.316	
16 th	Paul Sayers			1	29	25.134	